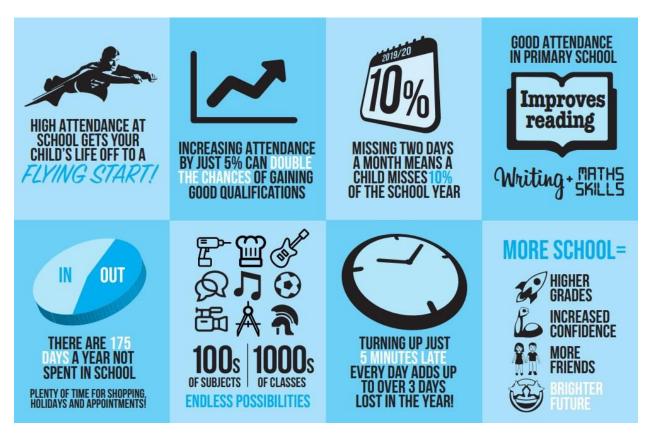


# Newsletter for 8th November 2024

Every lesson counts - your child must attend school every single day for the best chance of success!





1st Place – Crimson 100%

2nd Place – Aqua & Copper 98.7%

3nd Place – Gold 97.2%















# Headteacher's Message



Dear Families,

We are excited that School Council elections are taking place next week. Pupil leaders in school are a wonderful opportunity for our children to develop their leadership skills and to learn more about democracy.

We would appreciate any donations for prizes for our upcoming Christmas Fayre. If you have any unwanted items, such as unused gift sets, household items or toys in good condition, please bring them to the school office. The Fayre will include stalls from external providers such as toys, confectionary, crystals, personalised items, art, candles and much more. Plus, a very special visitor...!

To reduce risk of choking, please can you cut grapes in half if they are part of your child/ren's packed lunch.

Next week is anti-bullying week and children will be learning about this in school. Tuesday is Odd Socks Day and your child cam wear odd socks into school, to celebrate that everyone is different, everyone is equal and everyone is welcome. Find out more at anti-bullyingalliance.org.uk.

Next week, we are also holding Open Days for parents or carers whose children are due to start Reception in September 2025. If you know any prospective parents, please ask them to visit our school website for further information manorparkacademy.co.uk.

Due to upcoming events and swimming lessons, our Parent Carer Fitness Classes will be postponed until 3rd December and will move to Tuesday mornings 9:00-9:40 am.

As a reminder, holidays during term time cannot be authorised and can result in a penalty notice being issued by the local authority. Parents and carers can only request permission to take their child out of school in term time in exceptional circumstances and any requests will require a meeting with senior school leaders and evidence of these circumstances.

BAES adult classes start in school on Thursday: Healthy Eating 9:15 - 11:15 and ESOL 1:15 - 3:15.

And finally, we hope all of our families who celebrated Diwali enjoyed this special time.

Have a lovely weekend.

Christine Chapman

Headteacher

# Apply for free school meals



Apply for free school meals - GOV.UK (www.gov.uk)

# Dear Parents and Carers,

Did you know that by registering your child for free school meals, you're not only ensuring they get a nutritious, hot meal every day but also supporting our school's funding? Every child who is registered for free school meals generates extra funding for the school, which we can invest directly back into your child's education and wellbeing. This funding helps us provide more resources, better learning environments, and additional support for our pupils. While all children in Reception, Year 1, and Year 2 (as well as those under the Mayor's Meals scheme in London) automatically receive free school meals, we only receive extra funding if you officially register your child. Please read the attached letter for information on how to apply.

# **Year 5 and 6 Trip to Scout Adventures January 2025**



Year 5 and 6 parents,

Only 2 spaces left!

Any questions, please come and see me but also look below for the presentation, video and questions from other parents that were answered during our meeting.

Year-6-Parent-Meeting-re-Scouts-2025.pdf (manorparkacademy.co.uk)

Please look at <u>Why choose Scout Adventures</u> website for all other information about the centre.

Please let your child's class teacher know if you are interested.

Once numbers are confirmed we will set up the payment system for you.

# Thank you and have a fabulous weekend!

**Becky Lewis** 

# Deputy Headteacher

# **FREE Vouchers for Milk and Food**



# What is Healthy Start?

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks.

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
  - fresh, dried, and tinned pulses
  - infant formula milk based on cow's milk

You can also use your card to collect:

- Healthy Start vitamins these support you during pregnancy and breastfeeding
- vitamin drops for babies and young children these are suitable from birth to 4 years old

For more information and **to apply online**, please click the link <u>Get help to buy food and milk</u> (Healthy Start)



We have a number of children (and grown ups!) who have nut allergies in school. With such allergies, sometimes just being around nuts (smell and touch) can trigger a dangerous allergic reaction.

Please do not send any products containing nuts into school.

Thank you,

Becky Lewis

Deputy Headteacher

# **Safe Treat List**



We do not want to prevent children from bringing in treats for their friends if it is a special occasion such as a birthday. This is a long standing tradition that we would like to continue but it must be safe for all children.

Please see ideas for safe treat options that do not contain nuts below;

- Cadbury Dairy Milk
  - Cadbury Twirl
- Cadbury Caramel
- Cadbury Wispa
- Cadbury Eclair
- Cadbury Fudge
- Cadbury Crunchie

- Cadbury Buttons
- Galaxy Minstrels
- Galaxy Milk Chocolate
  - Galaxy Caramel
    - Galaxy Ripple
      - Mars bar
  - Kitkat (original)
    - Halal Haribo
- Cadbury's Heroes (but remove mini Double Deckers they are not made with nuts but made in a factory that processes nut products)

# **School Term Dates for Next Year - 2024/25**

Please see the calendar below showing all of the school term dates, bank holidays and teacher training days for the next academic year.

# Manor Park Calendar 2024/25



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Bank holidays 2024/25
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 26 August "24
 August Bank Holiday
 26 December "24
 Boxing Day

 25 December "24
 Christmas Day
 1 January "25
 New Year's Day

 Teacher Training Days

 2 September 2024
 3 September 2024
 29 November

18 April '25 Good Friday 21 April '25 Easter Monday

5 May '25 Early May Bank Holiday 26 May '25 Spring Bank Holiday

29 November 2024

31 March 2025

21 July 2025

# Star of the Week



The value of the week is 'Kindness'. Here are Manor Park's Stars of the Week

Emerald Jannah

Nursery Shahzil

Indigo Amina

Copper Ibraheen

Gold Amir

Aqua James

Turquoise Jason
Cerise Jason
Crimson Abdullahi
Ochre Cheerish
Bronze Aicha
Topaz Mustapha
Ruby Jarni
Teal Usman
Emerald Maymuna
Well done everyone!
School Policies
Please find our school policies on our website by clicking here:
https://www.manorparkacademy.co.uk/about-us/policies/
Have you moved house or changed your number?
Please let the main office know if any of your details change such as:
Your address

- Your phone numbers
- Your emergency contacts

Just call 0121 3271023 or email <a href="mailto:enquiry@manorparkacademy.org">enquiry@manorparkacademy.org</a>

Thank you!

# **Apply for our Nursery or Reception Classes!**



Do you have a child or know another parent with a child born between 01.09.2020 - 31.08.2021? We have spaces available in our lovely Nursery!

If you also have or know a parent with a child born between 01.09.19 - 31.08.20, we have spaces in our amazing Reception classes too!

Please contact the school office for a tour and a chat with our friendly team. You can also see more information here on our website: <u>Early Years – Manor Park Primary Academy</u>
(manorparkacademy.co.uk)

# **Dates for your Diary**



**First Day of Term** Monday 4th November

**Year 4 Trip** - Monday 11th November

**Odd Socks for Anti Bullying Day** - Tuesday 12th November

**Children in Need - Wear Spots!** Friday 15th November



We'll be wearing our odd socks this Odd Socks Day, will you?

Tuesday 12th November 2024





# **Attendance Procedures**



Please call 0121 327 1023 to report your child's absence by 9.30am

If you need support with your child's attendance, please contact Jo Green via email at enquiry@manorparkacademy.org or call the school office.

# -AND-THE WINNERS ALC:

House Points are now collected using Marvellous Me. You can see you child's individual house points by clicking on the 'thumbs up' button. However many 'thumbs up' they've had, this is the number of house points they have received in school!

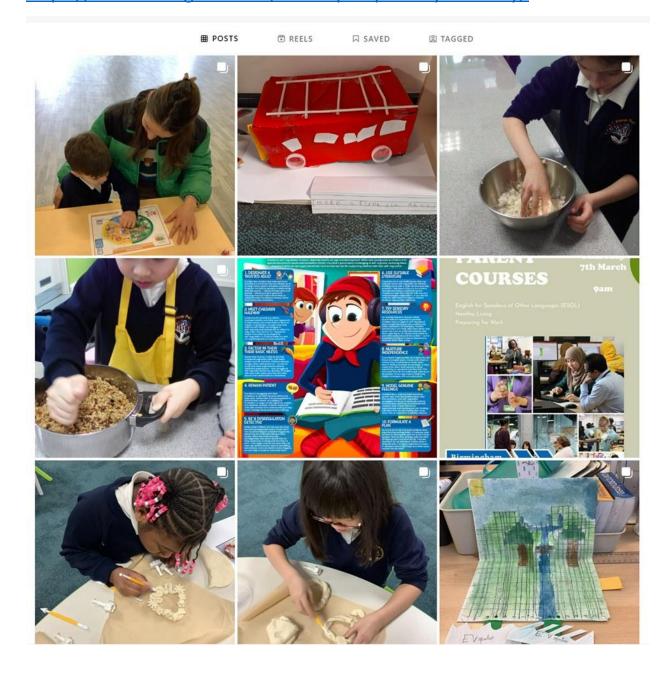
This week's winners overall are Edwards!

2nd place - Lightwood

3rd place - Aston

4th place - Berners Lee

# Give us a follow on Instagram! https://www.instagram.com/manorparkprimaryacademy/



# **Safeguarding and Wellbeing Update - Choose Respect**



# 10 Top Tips for Parents and Educators ENCOURAGING CHILDREN TO CHOOSE RESPECT

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

### 1 LEAD BY EXAMPLE

As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Kep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

# 2 AGREE TO DISAGREE

Make sure children know that it's fine to have differin opinions – and that disagreeing with someone doesn't mean you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

# 3 PROMOTE ACTIVE DISTENSING



# FNCOURAGE THE USE OF "I" STATEMENTS

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "statements during the discussion. Framing their thoughts and feelings using statements like "feel ..." or "I think..." can help them avoid an accustory tone and encourages them to take responsibility for their own emotions.

# 5 FOCUS ON BEHAVIOUR, NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're's or unde". This can help children avoid hurting someone's feelings, which is likely to inflame the situation.

# STAY CALM AND TAKE BREAKS

t's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short oreak to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can orevent things getting out of hand, allowing cooler

# START CONVERSATIONS ABOUT RESPECT

Talk openly to children about what respect means to you and to them. Discuss how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the inportance of within others due people.

# 8 SEEK COMMON GROUND

When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by helping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more scoperative atmosphere, as well as preventing these sources of them of the provinces of the proventing these sources of them of the provinces.

### AVOID MAKING THINGS PERSONAL



10 REFLECT AND LEARN

After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from it. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement.

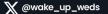
## Meet Our Expert

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, ploy and learn. They welcome membership from any organisation or individual that supports this vision and support a free network of thousands of schools and colleges.

NTI-BULLYING LIANCE

The National College

Source: See full reference list on guide page at:





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**At Manor Park Primary Academy everyone** has the right to feel safe.

**At Manor Park Primary Academy everyone** has the right to learn.



# We are your Designated Safeguarding Leads. We can help you.





Ms Christine Chapman Headteacher DSL



Mrs Saima Mahmood Teacher DSL



Miss Becky Lewis Deputy Headteacher



Mrs Natalie Brindley **SENDCo** DSL



Miss Jo Green Lead DSL

















Everyone

has

to feel safe. Please talk to