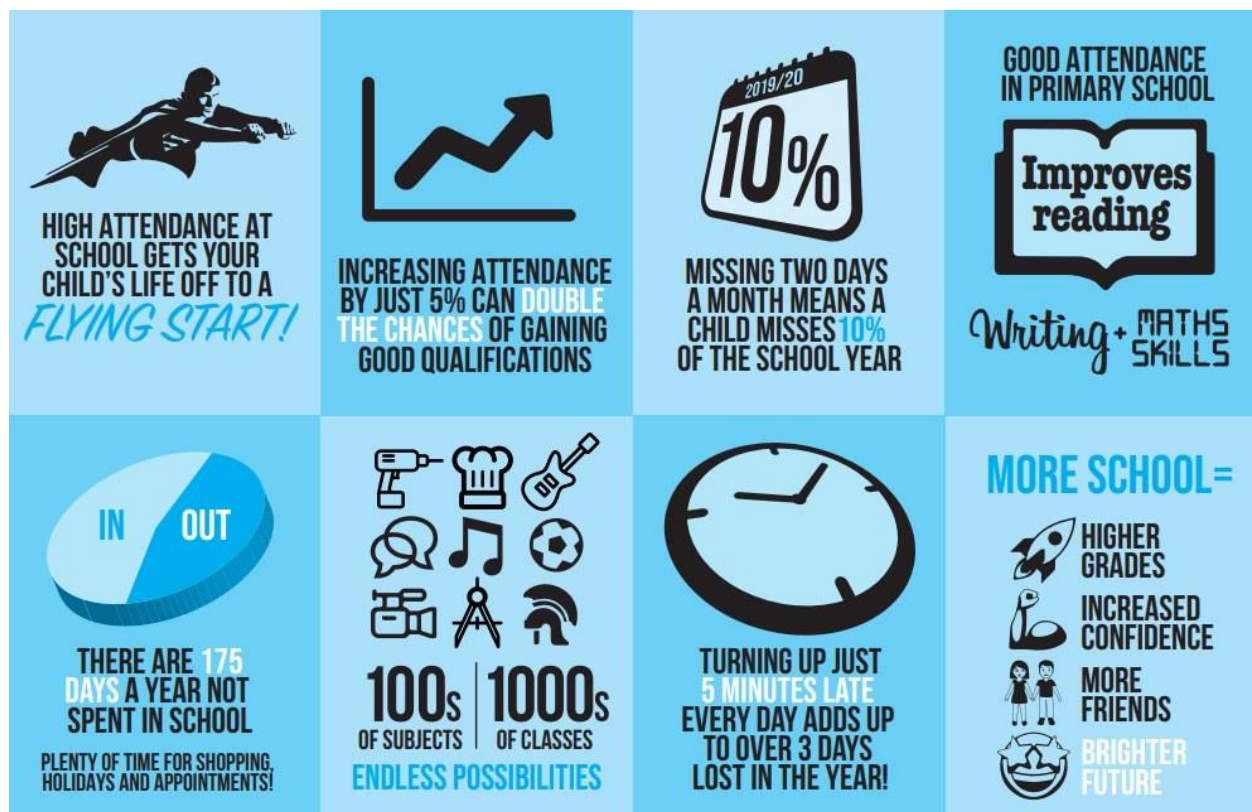




Newsletter for 31st January 2025

Every lesson counts - your child must attend school every single day for the best chance of success!





**"THIS MORNING, HE
WAS WORRIED ABOUT
SCHOOL... BUT LOOK
AT HIM NOW!"**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the Education Hub to find out more.





ATTENDANCE
matters

Top Attendance for the Week

1st Place – Ruby 99.6%

2nd Place – Aqua 99.1%

3rd Place – Cerise 99.0%

Courage

Resilience

Gratitude

Respect

Aspiration

Kindness

Headteacher's Message



Dear Families,

We enjoyed having some fantastic visitors in school this week: firefighters to deliver workshops with Year 4; NSPCC representatives to deliver 'Speak Out, Stay Safe' workshops with Year 2 and Year 5; and Titan representatives to deliver a giant cheque for £500 that will be used to develop

a Well Being Hub in school! They all complimented our children on their great behaviour and positive attitude.

Many of our Year 5 and Year 6 children took part in the Scout Adventure residential this week and they had an amazing time, taking part in a range of activities that were challenging and developed their team building skills. Many of the activities supported 11BEFORE11 promises, designed to provide our children with 11 amazing experiences before they are 11. Visit our Instagram page to see some photographs <https://www.instagram.com/manorparkprimaryacademy/>.

Next week, there will be another 11BEFORE11 promise completed. Children in Year 4 will be Culture Vultures when they visit a theatre performance in Birmingham!

Unfortunately, our Sports for Champions event was cancelled at the last minute, and we apologise for any disappointment this will have caused. Any sponsorship money will be returned.

Next week, it is Children's Mental Health Week. Miss Green has shared some great activities for the children to join in with, and there will be special phase assemblies. We also have an Online Safety Coffee and Chat session for parents and carers, so please come along on Friday 7th February at 9:00 am to join.

Have a lovely weekend,

Christine Chapman

Do you have a child with Autism?



 **Access to Education**

 **Communication and Autism**

Communication and Autism Team (CAT)
SPRING 2025 - Parent carer Advice Sessions online

We would like to invite you to a FREE one-to-one advice session alongside a CAT, to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment.

The sessions will take place online via Microsoft TEAM's and will last for 25 minutes.	Sessions are available on the following dates between 9am – 12pm 10 th February 2025 11 th February 2025 12 th February 2025
--	--

Due to limited places, the sessions will be offered to the first families to contact us.

To reserve a place please email:

wendy.p.bantock@birmingham.gov.uk

or

joanne.clifford@birmingham.gov.uk

You will receive an email response to confirm your booking including the date and time of your session or to tell you that the sessions are full for this term.

We will be delivering more sessions online next term for parent carers too.

Please include in your email / booking that it is for the:

SPRING 2025 – CAT Parent carer Advice Sessions online

-
- Your name – Parent carer
 - Your Child's name
 - Your Child's school

- Please include in your preferred email contact for the TEAM's invite to be sent to
 - And a brief description of the things you would like to talk about in the session, so that the CAT can prepare and make sure the advice is relevant to your child.
-
-

Jo Clifford, Wendy Bantock, Dawn Fisher, Viv Walters and Lisa Walmsley.

Star of the Week



Congratulations to our Stars of the Week - this week's focus is 'Gratitude'

Nursery Azra

Indigo Siyana

Copper Filip

Gold Ikenna

Aqua James

Turquoise Baran

Crimson Isa

Cerise Aasiyah

Bronze Abdallah

Ochre Amanule

Topaz Mohammed Ayaan

Ruby Elijah

Teal Abdi

Emerald Chidiogo

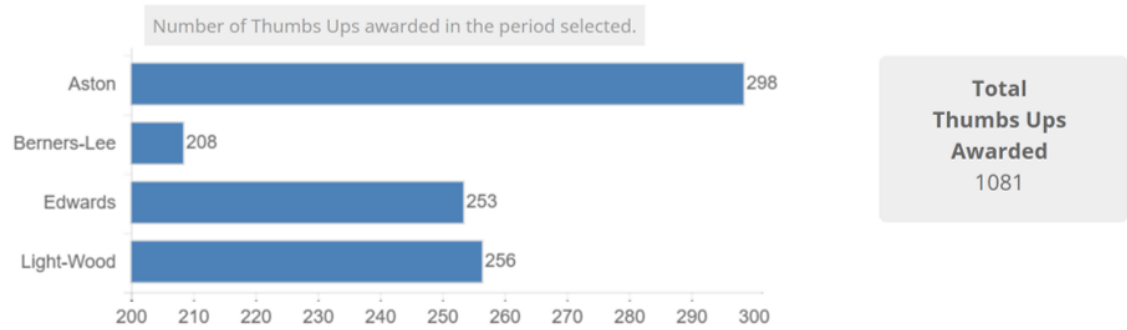


— AND — THE WINNERS *are...*

*House Points are now collected using Marvellous Me. **You can see you child's individual house points by clicking on the 'thumbs up' button.** However many 'thumbs up' they've had, this is the number of house points they have received in school!*

This week's winners overall is Aston - again!

Thumbs Ups



Safeguarding and Wellbeing Update - Emotional Literacy



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.org.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

- 1 NAME THE EMOTION**
Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and encourage responses to make it easier for them to share their emotions. This builds the foundation for emotional understanding and open communication.
- 2 MODEL EMOTIONAL EXPRESSION**
Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly observing how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.
- 3 MINDFULNESS ACTIVITIES**
Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.
- 4 USE STORYTELLING**
Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.
- 5 PRACTISE EMPATHY**
Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children in showing compassion and improves their social interactions.
- 6 ENCOURAGE JOURNALING**
Suggest keeping a journal to note bits of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.
- 7 TEACH PROBLEM-SOLVING**
Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to everyday conflicts and encourage them to think critically about what they find useful. Use this process to help them find a healthy way. This empowers children to handle emotions positively and build resilience.
- 8 CREATE A SAFE SPACE**
Establish an environment where children feel safe to display their emotions without judgement. Encourage open dialogue and reassure them that all feelings are valid. This responsive environment promotes trust and encourages children to express themselves with confidence.
- 9 USE VISUAL AIDS**
Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.
- 10 CELEBRATE EMOTIONAL GROWTH**
Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforce the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

Meet Our Expert
Adam O'Leary is Assistant Vice-Principal for Personal Development at Peckham Community School and works as a secondary one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.

WakeUp Wednesday
The National College

[@wake_up_weds](https://www.wakeupweds.com)
[/www.thenationalcollege](https://www.thenationalcollege.org)
[@wakeupwednesday](https://www.wakeupweds.com)
[@wakeupweds](https://www.wakeupweds.com)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 29.01.2025

Dates for your Diary



Children's Mental Health Week - Starting Monday 3rd February

School Term Dates for Next Year - 2024/25

Please see the calendar below showing all of the school term dates, bank holidays and teacher training days for the next academic year.



Manor Park Calendar 2024/25

August 2024								September 2024								October 2024								November 2024							
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
31					1	2	3	4	35						1	40		1	2	3	4	5	6	44					1	2	3
32	5	6	7	8	9	10	11	36	2	3	4	5	6	7	8	41	7	8	9	10	11	12	13	45	4	5	6	7	8	9	10
33	12	13	14	15	16	17	18	37	9	10	11	12	13	14	15	42	14	15	16	17	18	19	20	46	11	12	13	14	15	16	17
34	19	20	21	22	23	24	25	38	16	17	18	19	20	21	22	43	21	22	23	24	25	26	27	47	18	19	20	21	22	23	24
35	26	27	28	29	30	31		39	23	24	25	26	27	28	29	44	28	29	30	31				48	25	26	27	28	29	30	
								40	30																						

December 2024								January 2025								February 2025								March 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
48							1	1			1	2	3	4	5	5						1	2	9						1	2
49	2	3	4	5	6	7	8	2	6	7	8	9	10	11	12	6	3	4	5	6	7	8	9	10	3	4	5	6	7	8	9
50	9	10	11	12	13	14	15	3	13	14	15	16	17	18	19	7	10	11	12	13	14	15	16	11	10	11	12	13	14	15	16
51	16	17	18	19	20	21	22	4	20	21	22	23	24	25	26	12	17	18	19	20	21	22	23	12	17	18	19	20	21	22	23
52	23	24	25	26	27	28	29	5	27	28	29	30	31			9	24	25	26	27	28			13	24	25	26	27	28	29	30
1	30	31																						14	31						

April 2025								May 2025								June 2025								July 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su	Wk	Mo	Tu	We	Th	Fr	Sa	Su
14		1	2	3	4	5	6	18				1	2	3	4	22						1		27		1	2	3	4	5	6
15	7	8	9	10	11	12	13	19	5	6	7	8	9	10	11	23	2	3	4	5	6	7	8	28	7	8	9	10	11	12	13
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17	21	22	23	24	25	26	27	21	19	20	21	22	23	24	25	25	16	17	18	19	20	21	22	30	21	22	23	24	25	26	27
18	28	29	30					22	26	27	28	29	30	31		26	23	24	25	26	27	28	29	31	28	29	30	31			

Bank holidays 2024/25

26 August '24 August Bank Holiday 26 December '24 Boxing Day 18 April '25 Good Friday 5 May '25 Early May Bank Holiday
25 December '24 Christmas Day 1 January '25 New Year's Day 21 April '25 Easter Monday 26 May '25 Spring Bank Holiday

Teacher Training Days

2 September 2024 3 September 2024 29 November 2024 31 March 2025 21 July 2025



Apply for free school meals



[Apply for free school meals - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

Dear Parents and Carers,

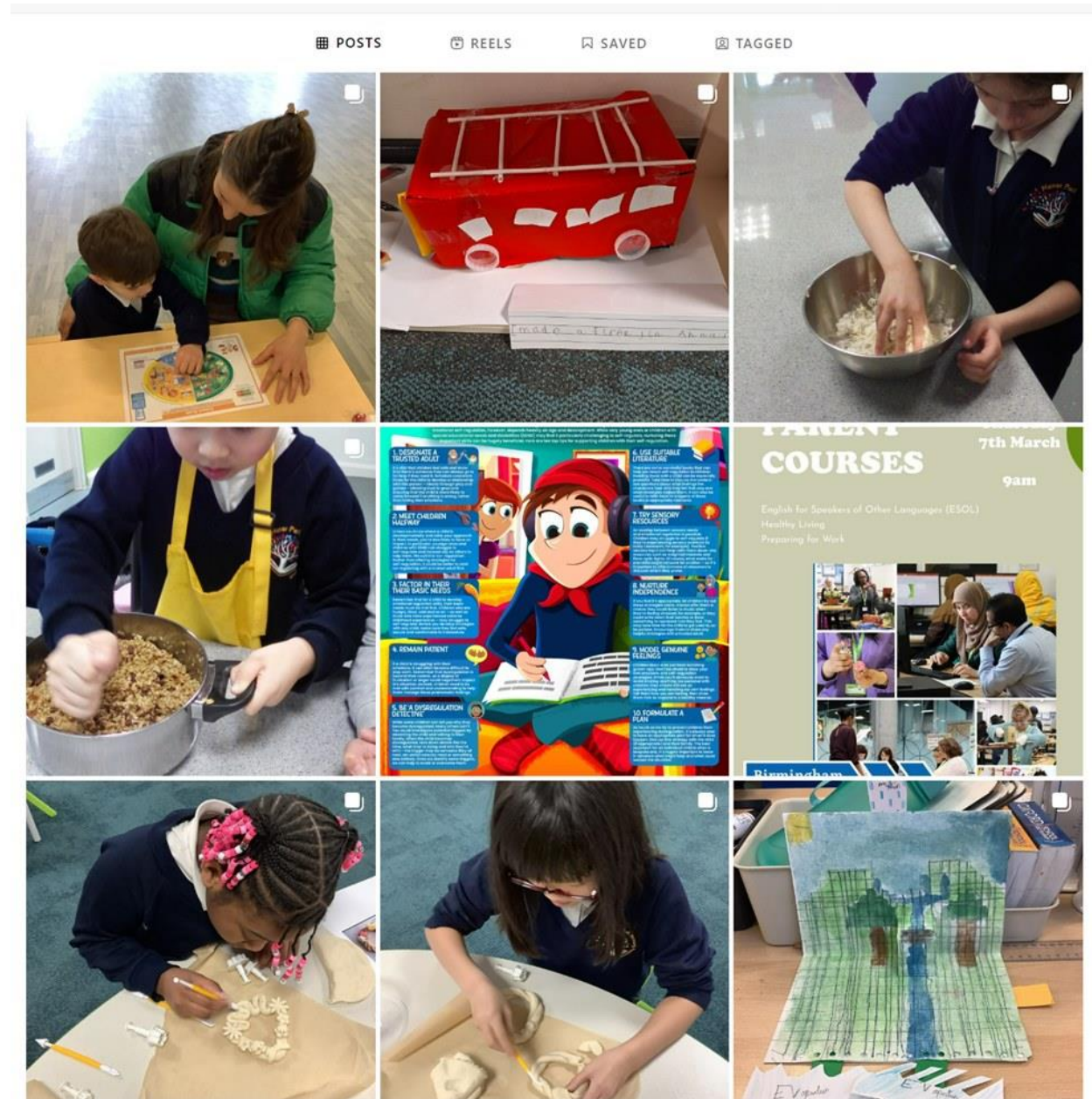
Did you know that by registering your child for free school meals, you're not only ensuring they get a nutritious, hot meal every day but also supporting our school's funding? Every child who is registered for free school meals generates extra funding for the school, which we can invest directly back into your child's education and wellbeing. This funding helps us provide more resources, better learning environments, and additional support for our pupils. While all children in Reception, Year 1, and Year 2 (as well as those under the Mayor's Meals scheme in London) automatically receive free school meals, we only receive extra funding if you officially register your child. Please read the attached letter for information on how to apply.

We are a Nut Free School!



Give us a follow on Instagram!

<https://www.instagram.com/manorparkprimaryacademy/>



If you need to report your child's absence...



Please call 0121 327 1023 to report your child's absence by 9.30am

If you need support with your child's attendance, please contact Jo Green via email at enquiry@manorparkacademy.org or call the school office.



**At Manor Park Primary
Academy everyone
has the right to feel safe.**

**At Manor Park Primary
Academy everyone
has the right to learn.**



**We are your Designated Safeguarding Leads.
We can help you.**



Ms Christine Chapman
Headteacher
DSL



Mrs Saima Mahmood
Teacher
DSL



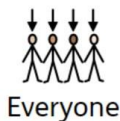
Miss Becky Lewis
**Deputy
Headteacher**
DSL



Mrs Natalie Brindley
SENDCo
DSL



Miss Jo Green
Lead DSL



Everyone



has

a



right

to



feel safe.



Please



talk to



us.

