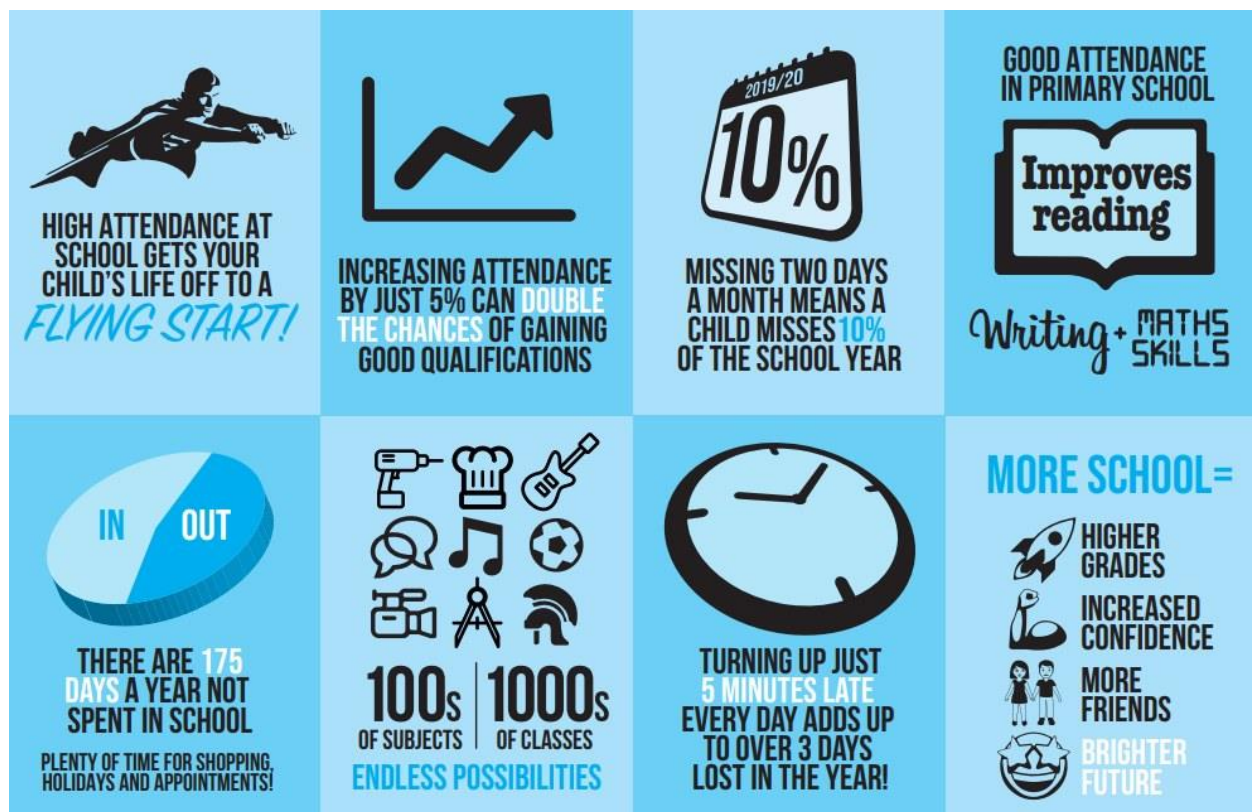




Newsletter for 10th January 2025

Every lesson counts - your child must attend school every single day for the best chance of success!





**"THIS MORNING, HE
WAS WORRIED ABOUT
SCHOOL... BUT LOOK
AT HIM NOW!"**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the Education Hub to find out more.





Top Attendance for the Week

1st Place – Indigo 98.1%

2nd Place – Crimson 96%

3rd Place – Copper 92.5%

Courage

Resilience

Gratitude

Respect

Aspiration

Kindness

Headteacher's Message



Dear Families,

Happy New Year! It has been wonderful to see the children back in school this week and ready to learn.

On Thursday, the children in Years 4 (Ochre), 5 and 6, joined in with workshops led by students from BOA (Birmingham Ormiston Academy). These workshops taught them performance skills, including how to project their voice. The teachers and students from BOA were really impressed with the confidence and behaviour during the sessions and we are looking forward to them returning soon to lead the workshops with Year 4 (Bronze), 2 and 3. Next week, the children in Years 4, 3 and 2 will also be learning wheelchair basketball skills; this was very successful last year in developing physical development skills as well as challenging stereotypes. We will also be welcoming a representative from Severn Trent Water to lead an assembly and workshops with KS2 classes. Such activities support your child's personal development alongside their academic progress.

On Friday 17th January, parents and carers are invited to attend our Coffee and Chat morning. This will be led by Jo Green and Dornne Newton, with a focus on supporting routines and boundaries. Find out more at <https://sway.cloud.microsoft/hHDHH47Tevkzzdzk?ref=Link>. Our adult fitness classes continue on Tuesday mornings and BAES IT and ESOL classes continue on Thursdays.

*Next week, club allocation slips for after school clubs will be coming home with your child, if you have requested a space for them via the Form. **The After School Club Form must be completed before 6:00 pm today and places will be allocated on a 'first come, first serve' basis**; however, we will do our best to ensure that every child who applies can attend at least one club. Sports Plus are also offering a sports club on Wednesdays after school, for a £2 per session charge; please book this through their site on the poster sent home with your child.*

During summer term, we will not be able to run after school clubs, but Clubs Complete will be open from after the half term holiday, providing after school wraparound provision at a reduced cost. You can find out more at <https://sway.cloud.microsoft/iqv1c0h6ouqJ3heb?ref=Link>

Unfortunately, for school attendance we have moved down from 175th position to 184th place out of 292 Birmingham schools. Please support your child's academic and personal progress by ensuring they are in school every day; you can find out more about whether your child is too ill to attend at <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>.

Kind regards,

Christine Chapman

Headteacher

Coffee and Chat for parents and carers at Manor Park Primary Academy



JOIN US FOR



Routines and Boundaries

Advice for Parents and Carers

Friday 17th January

9 AM - 10 AM



Refreshments available

Sports for Champions



Becoming an athlete is an expensive career path and many exceptional young athletes can not afford to pursue their dreams in professional sports.

Sports for Champions work tirelessly to provide financial support for young, talented athletes. Please click below to make a donation towards this amazing charity.

<https://www.crowdfunder.co.uk/p/manor-park-primary-academyfundraiser>

And this is the famous athlete, Chris Tawiah, basketball player, who will be visiting Manor Park soon!

[Chris Tawiah | Visiting You Soon! - YouTube](#)

Apply for free school meals



[Apply for free school meals - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

Dear Parents and Carers,

Did you know that by registering your child for free school meals, you're not only ensuring they get a nutritious, hot meal every day but also supporting our school's funding? Every child who is registered for free school meals generates extra funding for the school, which we can invest directly back into your child's education and wellbeing. This funding helps us provide more resources, better learning environments, and additional support for our pupils. While all children in Reception, Year 1, and Year 2 (as well as those under the Mayor's Meals scheme in London) automatically receive free school meals, we only receive extra funding if you officially register your child. Please read the attached letter for information on how to apply.

FREE Vouchers for Milk and Food



What is Healthy Start?

If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk.

If you're eligible, you'll be sent a Healthy Start card with money on it that you can use in some UK shops. We'll add your benefit onto this card every 4 weeks.

You can use your card to buy:

-
- *plain liquid cow's milk*
 - *fresh, frozen, and tinned fruit and vegetables*
 - *fresh, dried, and tinned pulses*

- *infant formula milk based on cow's milk*
-

You can also use your card to collect:

- *Healthy Start vitamins – these support you during pregnancy and breastfeeding*
 - *vitamin drops for babies and young children – these are suitable from birth to 4 years old*
-

*For more information and **to apply online**, please click the link [Get help to buy food and milk \(Healthy Start\)](#)*



We have a number of children (and grown ups!) who have nut allergies in school. With such allergies, sometimes just being around nuts (smell and touch) can trigger a dangerous allergic reaction.

Please do not send any products containing nuts into school.

Thank you,

Becky Lewis

Deputy Headteacher

Safe Treat List - Important



We do not want to prevent children from bringing in treats for their friends if it is a special occasion such as a birthday. This is a long standing tradition that we would like to continue but it must be safe for all children.

Please see ideas for safe treat options that do not contain nuts below;

-
- Cadbury Dairy Milk
 - Cadbury Twirl
 - Cadbury Caramel
 - Cadbury Wispa
 - Cadbury Eclair
 - Cadbury Fudge
 - Cadbury Crunchie

- *Cadbury Buttons*
 - *Galaxy Minstrels*
 - *Galaxy Milk Chocolate*
 - *Galaxy Caramel*
 - *Galaxy Ripple*
 - *Mars bar*
 - *Kitkat (original)*
 - *Halal Haribo*
 - *Cadbury's Heroes (but remove mini Double Deckers - they are not made with nuts but made in a factory that processes nut products)*
-

School Term Dates for Next Year - 2024/25

Please see the calendar below showing all of the school term dates, bank holidays and teacher training days for the next academic year.



Manor Park Calendar 2024/25

August 2024						
Wk	Mo	Tu	We	Th	Fr	Sa Su
31				1	2	3 4
32	5	6	7	8	9	10 11
33	12	13	14	15	16	17 18
34	19	20	21	22	23	24 25
35	26	27	28	29	30	31

September 2024						
Wk	Mo	Tu	We	Th	Fr	Sa Su
35						1
36	2	3	4	5	6	7 8
37	9	10	11	12	13	14 15
38	16	17	18	19	20	21 22
39	23	24	25	26	27	28 29
40	30					

October 2024						
Wk	Mo	Tu	We	Th	Fr	Sa Su
40		1	2	3	4	5 6
41	7	8	9	10	11	12 13
42	14	15	16	17	18	19 20
43	21	22	23	24	25	26 27
44	28	29	30	31		

November 2024						
Wk	Mo	Tu	We	Th	Fr	Sa Su
44					1	2 3
45	4	5	6	7	8	9 10
46	11	12	13	14	15	16 17
47	18	19	20	21	22	23 24
48	25	26	27	28	29	30

December 2024						
Wk	Mo	Tu	We	Th	Fr	Sa Su
48						1
49	2	3	4	5	6	7 8
50	9	10	11	12	13	14 15
51	16	17	18	19	20	21 22
52	23	24	25	26	27	28 29
1	30	31				

January 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
1			1	2	3	4 5
2	6	7	8	9	10	11 12
3	13	14	15	16	17	18 19
4	20	21	22	23	24	25 26
5	27	28	29	30	31	

February 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
5						1 2
6	3	4	5	6	7	8 9
7	10	11	12	13	14	15 16
8	17	18	19	20	21	22 23
9	24	25	26	27	28	

March 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
9						1 2
10	3	4	5	6	7	8 9
11	10	11	12	13	14	15 16
12	17	18	19	20	21	22 23
13	24	25	26	27	28	29 30
14	31					

April 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
14		1	2	3	4	5 6
15	7	8	9	10	11	12 13
16	14	15	16	17	18	19 20
17	21	22	23	24	25	26 27
18	28	29	30			

May 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
18				1	2	3 4
19	5	6	7	8	9	10 11
20	12	13	14	15	16	17 18
21	19	20	21	22	23	24 25
22	26	27	28	29	30	31

June 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
22						1
23	2	3	4	5	6	7 8
24	9	10	11	12	13	14 15
25	16	17	18	19	20	21 22
26	23	24	25	26	27	28 29
27	30					

July 2025						
Wk	Mo	Tu	We	Th	Fr	Sa Su
27		1	2	3	4	5 6
28	7	8	9	10	11	12 13
29	14	15	16	17	18	19 20
30	21	22	23	24	25	26 27
31	28	29	30	31		

Bank holidays 2024/25

26 August '24	August Bank Holiday	26 December '24	Boxing Day	18 April '25	Good Friday	5 May '25	Early May Bank Holiday
25 December '24	Christmas Day	1 January '25	New Year's Day	21 April '25	Easter Monday	26 May '25	Spring Bank Holiday

Teacher Training Days

2 September 2024	3 September 2024	29 November 2024	31 March 2025	21 July 2025
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Star of the Week



Congratulations to our Stars of the Week - This week is Respect

Nursery Hanaan

Indigo Ibrahim

Copper Shaileen

Gold Arya

Aqua Maisam

Turquoise Hamza

Cerise Salma

Crimson Hafsa

Bronze Cairo S

Ochre Khadijah

Topaz Yousef

Ruby Khadijah

Teal Azan

Emerald Yazan

School Policies

Please find our school policies on our website by clicking here:

<https://www.manorparkacademy.co.uk/about-us/policies/>

Have you moved house or changed your number?

Please let the main office know if any of your details change such as:

- *Your address*
 - *Your phone numbers*
 - *Your emergency contacts*
-

Just call 0121 3271023 or email enquiry@manorparkacademy.org

Thank you!

Apply for our Nursery or Reception Classes!



Do you have a child or know another parent with a child born between 01.09.2020 - 31.08.2021? We have spaces available in our lovely Nursery!

If you also have or know a parent with a child born between 01.09.19 - 31.08.20, we have spaces in our amazing Reception classes too!

Please contact the school office for a tour and a chat with our friendly team. You can also see more information here on our website: [Early Years – Manor Park Primary Academy \(manorparkacademy.co.uk\)](http://manorparkacademy.co.uk)

Dates for your Diary



Parent Fitness Class - Tuesdays 9.00am Main Hall

Wheelchair Basket Ball Day - Wednesday 15th January

Pastoral Coffee Morning - Friday 17th January

Year 5 and 6 Residential Scout Adventures - 28th to 30th January

Attendance Procedures



Please call 0121 327 1023 to report your child's absence by 9.30am

If you need support with your child's attendance, please contact Jo Green via email at enquiry@manorparkacademy.org or call the school office.

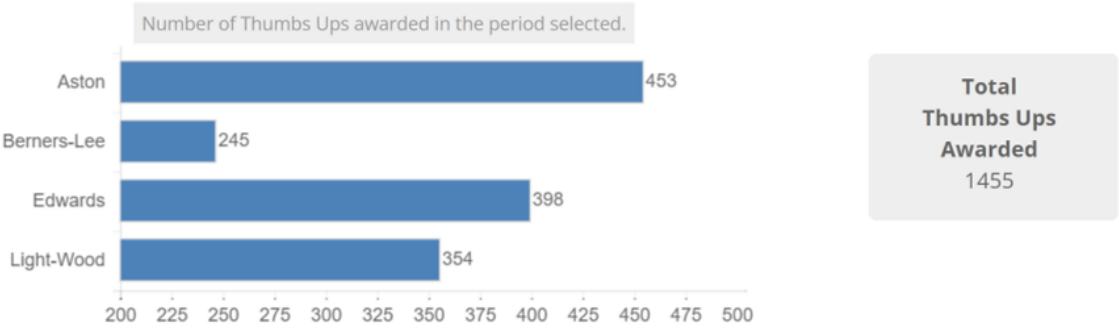


— AND — THE WINNERS *are...*

*House Points are now collected using Marvellous Me. **You can see you child's individual house points by clicking on the 'thumbs up' button.** However many 'thumbs up' they've had, this is the number of house points they have received in school!*

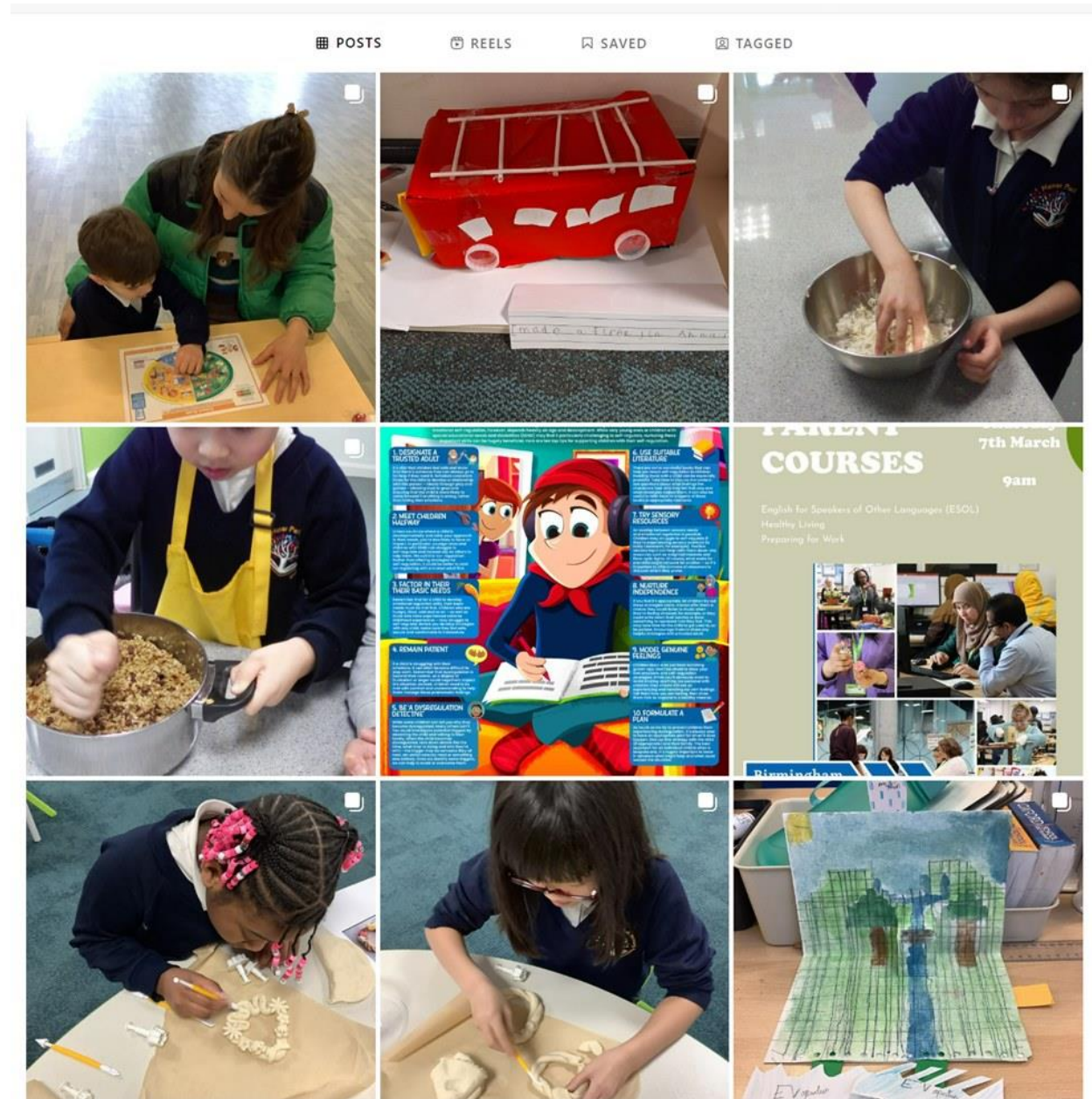
This week's winners overall are Aston - again!

Thumbs Ups



Give us a follow on Instagram!

<https://www.instagram.com/manorparkprimaryacademy/>



Safeguarding and Wellbeing Update - Return to Routines



10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

1 START SMALL AND EARLY

Begin reintroducing elements of the school routine at least a few days before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.

2 REVISIT THE SCHEDULE

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.

3 CREATE A SLEEP PLAN

Sleep can present one of the biggest challenges, as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.

4 ENCOURAGE FRIENDSHIPS

Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.

5 GRANT RESPONSIBILITY

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.

6 FOCUS ON NUTRITION

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.

7 COMMUNICATE OPENLY

Talk with your child about how they're feeling about returning to school: whether they're excited, anxious or a mix of both. Validating their emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling with change.

8 RECONNECT WITH LEARNING

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic performance.

9 PREP TOGETHER

Turn preparation into a shared activity to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.

10 BE PATIENT AND FLEXIBLE

Transitions take time, and every child adjusts differently; so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education as easy as possible for them. Patience can go a long way to setting a positive tone for the new school year.

Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-return-to-routine>

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Family Support in Birmingham - From Birmingham with Love

Click the link for helpful contact details for family support across Birmingham [Birmingham with love - winter 2020](#)



At Manor Park Primary Academy everyone has the right to feel safe.

At Manor Park Primary Academy everyone has the right to learn.

Aspiration Courage

Gratitude Kindness

Resilience Respect



**We are your Designated Safeguarding Leads.
We can help you.**



Ms Christine Chapman
Headteacher
DSL



Mrs Saima Mahmood
Teacher
DSL



Miss Becky Lewis
Deputy
Headteacher
DSL



Mrs Natalie Brindley
SENDCo
DSL



Miss Jo Green
Lead DSL



Everyone



has

a



right

to



feel safe.



Please



talk to



us.

