











# Newsletter for 1st March 2024

Every lesson counts - your child must attend school every single day for the best chance of success!

 <p><b>HIGH ATTENDANCE AT SCHOOL GETS YOUR CHILD'S LIFE OFF TO A <i>FLYING START!</i></b></p>	 <p><b>INCREASING ATTENDANCE BY JUST 5% CAN <b>DOUBLE</b> THE CHANCES OF GAINING GOOD QUALIFICATIONS</b></p>	 <p><b>MISSING TWO DAYS A MONTH MEANS A CHILD MISSES <b>10%</b> OF THE SCHOOL YEAR</b></p>	<p><b>GOOD ATTENDANCE IN PRIMARY SCHOOL</b></p>  <p><b>Improves reading</b></p> <p><i>Writing</i> + <b>MATHS SKILLS</b></p>
 <p><b>THERE ARE <b>175</b> DAYS A YEAR NOT SPENT IN SCHOOL</b></p> <p><b>PLENTY OF TIME FOR SHOPPING, HOLIDAYS AND APPOINTMENTS!</b></p>	 <p><b>100s</b>   <b>1000s</b> OF SUBJECTS   OF CLASSES</p> <p><b>ENDLESS POSSIBILITIES</b></p>	 <p><b>TURNING UP JUST <b>5 MINUTES</b> LATE EVERY DAY ADDS UP TO <b>OVER 3 DAYS</b> LOST IN THE YEAR!</b></p>	<p><b>MORE SCHOOL =</b></p>  <p><b>HIGHER GRADES</b> <b>INCREASED CONFIDENCE</b> <b>MORE FRIENDS</b> <b>BRIGHTER FUTURE</b></p>

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***Our best attending classes this week are:***

*1st Place – Topaz 98.8%*

*2nd Place – Ruby 97.5%*

*3rd Place – Crimson & Gold 96.6%*

***National Average attendance this week is around 95%***

***Well done for giving your children the very best start for their academic success!***

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"THIS MORNING, HE HAD A RUNNY NOSE... BUT LOOK AT HIM NOW!"

**MOMENTS MATTER, ATTENDANCE COUNTS.**

HM Government  
Head to the NHS website to find out more.



"THIS MORNING, HE WAS WORRIED ABOUT SCHOOL... BUT LOOK AT HIM NOW!"

**MOMENTS MATTER, ATTENDANCE COUNTS.**

HM Government  
Head to the Education Hub to find out more.



## Headteacher's Message



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*Dear Families,*

*Many thanks to the Reception parents and carers who joined us for a Healthy Me workshop with their children this week.*

*Next week, parents and carers are invited in for a Coffee and Chat session on Thursday 7th March. Saima Asif will be joining us to support with enrolment onto Birmingham Adult Education Service courses, including Healthy lifestyles and ESOL. You can find out about a range of courses available at <https://www.learnbaes.ac.uk/>.*

*Also, next week our wonderful school council and litter picking volunteers will be continuing their campaign to reduce litter pollution in and around our school. Please sign their petition in the school office to show your support; School Council members will also be on the KS2 upper playground on Monday at hometime with petitions to sign.*

*Next term, we are arranging a Community Fair to take place on the afternoon Thursday 11th April. Children can be collected after dinner or at the usual home time and visit stalls with their families; this is a wonderful opportunity for all members of the school community to come together and celebrate being part of the Manor Park family. Look out for further information about timings coming out soon. If you are able to help with the event, please complete the Form at <https://forms.office.com/e/j7897J0A7E>. Thank you to those of you who have already volunteered to help!*

*Parents' Evening letters have come home with your child this week. If you have not received a letter, please contact the school office.*

*Spring term After School Clubs will finish after this coming week (week beginning 4th March). I would like to say a huge thank you to the amazing staff team for running these again this term. It is a great opportunity for children and staff, to share their talents and interests. For the final Dance Club (Wednesday 6th March) and Singing Club (Thursday 7th March), parents are invited to come along at 4:15 pm to see the performance skills that their child/ren have learnt over the last 6 weeks!*

*Have a lovely weekend.*

*Ms Chapman*

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## School Nurse Drop - ins and School Nurse SMS Service

Birmingham School Health Support Service



**Birmingham  
Community Healthcare**  
NHS Foundation Trust

# SCHOOL NURSE VIRTUAL DROP-IN CLINIC

Every  
Tuesday  
and  
Thursday  
from  
4:30-5:30pm



Your School Nurse is here to help you feel healthy, happy and safe during your school years and to get the best from your education.

**Join the link and talk to a School Nurse.** We provide a confidential and friendly service.

<https://nhs.vc/BCHC/C-F/Schl-Nurse/Drop-In>

# ChatHealth



Do you know where I can get some health advice?

The School Health Support Service can help students with all kind of things like...

Relationships, mental health, alcohol, bullying, self-harm, smoking, drugs and healthy eating

Text the School Nurse  
for confidential advice and  
support on **07480635485**

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting **STOP** to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.

## Who's who?

### Meet Manor Park's Senior Leadership Team



Ms. Christine Chapman  
Headteacher  
DSL



Miss Becky Lewis  
Deputy  
Headteacher  
DSL



Miss Jenny Marinho  
Assistant  
Headteacher  
DSL



Mrs. Natalie Brindley  
SENDCo



Mrs. Ruth Day  
EYFS Lead



Miss Jo Green  
Lead DSL

We are here to help. Email [enquiry@manorparkacademy.org](mailto:enquiry@manorparkacademy.org) or call 0121 327 1023



## School Uniform Policy and Expectations

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*Dear families,*

*Please can you ensure that your child has the correct uniform and P.E Kit. Children who attend Manor Park must wear uniform as shown in our school uniform policy.*

***Please do not send your child to school wearing branded clothing or trainers. Both shoes and trainers must be black (no coloured stripes or logos). We want to ensure equality for our children and also avoid families feeling pressured to buy branded clothing/footwear.***

*We also want to ensure value for money when it comes to our uniform policy. Therefore, unlike other schools, it is not compulsory for uniform to have the school logo. You are welcome to purchase clothing with our school logo by clicking [here](#); [School Uniform – Manor Park Primary Academy \(manorparkacademy.co.uk\)](#) or, you can buy clothing from places like Asda or Tesco as long as they are our school colours.*

*Please see photo below as a reminder.*

*Thank you you for your co-operation,*

Ms Lewis

Deputy Headteacher

All children at Manor Park need...



Manor Park Sweatshirt or Cardigan



White polo shirt



Grey trousers or skirt



Manor Park book bag or suitable school bag



Plain grey tights/socks or white socks



Plain black shoes



White Manor Park P.E t-shirt



Plain black P.E shorts, leggings or tracksuit bottoms



Plain black trainers or pumps



## FAQs

**Do I need to have something to donate to the Swop Shop in order to receive items?**

No you do not need to make a donation in order to make requests for items. The only criteria to receive an item from us is that you need it.

**I need some uniform, how do I make a request?**

Just contact us through our Facebook page, email address or through your school and let us know what items you need.

**I have some items to donate, how do I get them to the Swop Shop?**

You can drop off any donations at one of our drop off points (see website). Alternatively ask your school if they participate and collect donations there.

If you could help us by adding to our collection sites, please get in contact - we are looking for collection points across Birmingham.

**Does the Swop Shop make any money from items donated?**

No - all items are free to anyone who requests them.

**I work in a school that is interested in getting involved, what do we need to do next?**

Simply get in contact with us and we can provide more information.

Donations of lost property really help, so if you have any let us know!

**Any other questions...**

Please get in contact with us and ask!

## Why Swop Shop?

Uniforms can be expensive, family circumstances can change and sometimes keeping your children clean and warm can be more difficult than you had ever imagined.

The School Swop Shop is a new initiative, intended to help families, by providing free school uniforms, PE kits, shoes, forest school clothes and anything else that may be needed.

Absolutely anyone is welcome to donate pre loved clothing, or request anything they may need. Please help us to continue to help as many families as possible.

**We accept donations of the following:**

- ◆ Any item of school uniform
- ◆ School shoes, trainers and football boots
- ◆ Coats
- ◆ Backpacks
- ◆ Extracurricular uniform e.g. Brownies,



[www.ruberyswopshop.co.uk](http://www.ruberyswopshop.co.uk)

[ruberyswopshop@outlook.com](mailto:ruberyswopshop@outlook.com)



## Marvellous Me!



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*282 parents have now signed up to Marvellous Me! Getting closer to 100%!*

***PLEASE SIGN UP IF YOU HAVEN'T ALREADY!***

*Please check your SMS messages for links to information about Marvellous Me and translated step by step letters to support you! You can also look at the Marvellous Me section on our school website.*

*Lots of children are gaining recognition badges on Marvellous Me this week, make sure you are all signed up to see how fantastically your child is doing in school!*

*We will be sending lots of information via the app eventually to keep you updated on your child's achievements, their individual house point score, homework and news about things that are happening in school.*

*Like all new things, it can take a little while for us all to get used to using it to it's full potential. So, we are starting with simple updates for now, before building it up to something bigger!*

*It is very important that you download and join up!*

*Thank you,*

*Ms Lewis*

*Deputy Headteacher*

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## **Dates for your Diary**



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***7th March - Coffee Morning***

***7th March - WORLD BOOK DAY 2024!***

***15th March -SEND Coffee Morning - Communication Needs***

*18th March and 20th March - Parents Evenings*

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# World Book Day 2024

Thursday 7th March

Pick up a picture book!



Dress up as, or make a hat band  
of, your favourite picture book  
character.

## Stars of Manor Park



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### ***STAR OF THE WEEK!***

*These children were especially chosen because they have shown our school value of Kindness this week*

*Nursery Farhana*

*Violet Amir*

*Indigo Jasmine*

*Gold Aamir*

*Copper Rithwa*

*Aqua Hamza*

*Turquoise Darius*

*Cerise Ismaeel*

*Crimson Aicha*

*Bronze Yanece*

*Ochre Amiyah*

*Ruby Mehjabin*

*Topaz Kholah*

*Teal Mahnoor*

*Emerald Hakeem*

***A big well done to you all!***

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WORK  
HARD  
AND  
COLLECT  
House Points

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*House Points are now collected using Marvellous Me. **You can see you child's individual house points by clicking on the 'thumbs up' button.** However many 'thumbs up' they've had, this is the number of house points they have received in school!*

***House points collected this week!***

*1st Edwards 1052 points*

*2nd Lightwood 938 points*

*3rd Berners-Lee 944 points*



4th Aston 826 points

*Well done Edwards!*

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## Child Benefit - Additional Financial Support



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Families could be missing out on a minimum of £24 per week!

If a parent/carer is responsible for bringing up a child who is:

- 
- under 16
  - under 20 and in approved education or training
- 

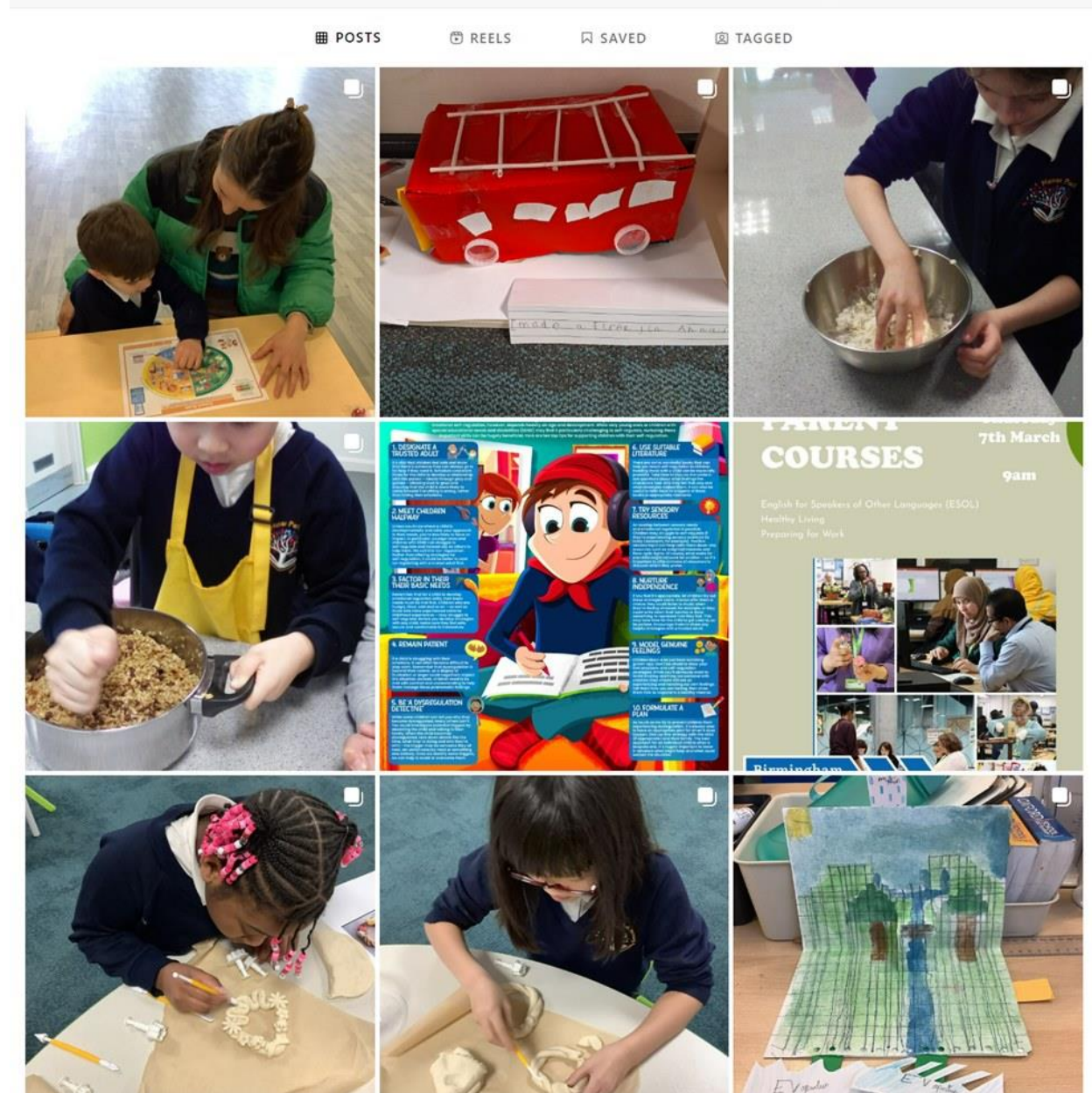
They could [claim child benefit](#) (click the link!)

**There's no limit to how many children a parent/carer can claim for but only one person can get Child Benefit for a child.**

To find out more visit <https://www.gov.uk/child-benefit>

Give us a follow on Instagram!

<https://www.instagram.com/manorparkprimaryacademy/>



# Safeguarding and Wellbeing Update - Supporting your Child with Bullying

## Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

### 1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.

### 2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.

### 3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "annoyed" or "frustrated"? This will help them to understand how they're feeling and why.

### 4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences – so this conversation can reassure them being honest with you was the right decision.

### 5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.

### 6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

### 7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

### 8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened, when, where, and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

### 9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.

### 10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.

### Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.






## Attendance Procedures and Autumn and Winter Illness



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*As we approach Autumn and the weather changes, illnesses such as colds and flu come become more common.*

*We can often feel worse in the morning and if your child is feeling unwell but can come into school, please make sure that they do.*

*Please call 0121 327 1023 or email [enquiry@manorparkacademy.org](mailto:enquiry@manorparkacademy.org) to inform us if this is the case and we can monitor them throughout the day; **we will always contact you if your child is too unwell to continue at school.***

*We find that this approach often reduces the amount of time lost to avoidable absence (and children usually feel much better as the day goes on!)*

*Thank you for your support*

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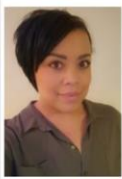
At Manor Park Primary Academy everyone has the right to feel safe.

At Manor Park Primary Academy everyone has the right to learn.

Miss Green Lead DSL



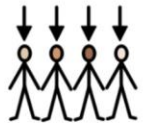
Miss Lewis DSL



Mrs Mahmood DSL



We are your Designated Safeguarding Leads. We can help you



Everyone



has

a



right

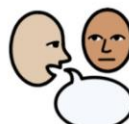
to



feel safe.



Please



talk to



us.

Ms Chapman DSL



Miss Marinho DSL

