











Newsletter 23rd February 2024

Every lesson counts - your child must attend school every single day for the best chance of success!

 <p>HIGH ATTENDANCE AT SCHOOL GETS YOUR CHILD'S LIFE OFF TO A <i>FLYING START!</i></p>	 <p>INCREASING ATTENDANCE BY JUST 5% CAN DOUBLE THE CHANCES OF GAINING GOOD QUALIFICATIONS</p>	 <p>MISSING TWO DAYS A MONTH MEANS A CHILD MISSES 10% OF THE SCHOOL YEAR</p>	<p>GOOD ATTENDANCE IN PRIMARY SCHOOL</p>  <p>Improves reading</p> <p><i>Writing</i> + MATHS SKILLS</p>
 <p>THERE ARE 175 DAYS A YEAR NOT SPENT IN SCHOOL</p> <p>PLENTY OF TIME FOR SHOPPING, HOLIDAYS AND APPOINTMENTS!</p>	 <p>100s OF SUBJECTS 1000s OF CLASSES</p> <p>ENDLESS POSSIBILITIES</p>	 <p>TURNING UP JUST 5 MINUTES LATE EVERY DAY ADDS UP TO OVER 3 DAYS LOST IN THE YEAR!</p>	<p>MORE SCHOOL =</p>  <p>HIGHER GRADES INCREASED CONFIDENCE MORE FRIENDS BRIGHTER FUTURE</p>

Our best attending classes this week are:

1st Place – Topaz 100%

2nd Place – Gold 99.1%

3rd Place – Ruby 97.5%

National Average attendance this week is 95%

Well done for giving your children the very best start for their academic success!

"THIS MORNING, HE HAD A RUNNY NOSE... BUT LOOK AT HIM NOW!"

MOMENTS MATTER, ATTENDANCE COUNTS.

HM Government
Head to the NHS website to find out more.

"THIS MORNING, HE WAS WORRIED ABOUT SCHOOL... BUT LOOK AT HIM NOW!"

MOMENTS MATTER, ATTENDANCE COUNTS.

HM Government
Head to the Education Hub to find out more.

Headteacher's Message



Dear Families,

It was wonderful to welcome back all of the children back into school this week. I hope that all of our families had a safe and enjoyable half term break.

Many thanks to the Year 6 parents and carers who joined us on Tuesday for our SATs information meeting. We hope that they found it useful; if any parents or carers were unable to attend or have any further questions, please do get in touch with a member of the Year 6 team.

We were also delighted to hold our Local Governing Body meeting on Thursday. A huge welcome to our new parent governor, Ms Fayaz, who joined us this week for the first time. Manor Park is a listening school and we welcome parent/carers voice, so having a parent governor is a fantastic opportunity to make this happen.

If you have any concerns or questions regarding your child, please always contact school in the first instance. Senior leaders are available at the end of the school day and this newsletter contains photographs of them, so you know who they are. If they aren't available, contact the school office and they will get back to you as soon as possible. You will also find details of school's Designated Safeguarding Leads (DSLs), if you need to report any safeguarding concerns.

Another way for parents to share their views, questions and suggestions, is at one of our 'Coffee and Chat' sessions. Our next one is on Thursday 7th March. Saima Asif, from Birmingham Adult Education Services, will be at this meeting to enrol members of the community onto courses including ESOL and Healthy Living. If you are unable to attend the meeting, you can still register your interest by completing a form available from the school office. Even if you don't wish to join a class, everyone is welcome to come along to the session and share thoughts about how to continue improving our school!

***We are busy organising a Community Fair for 11th April, but we need your support to make it happen!
If you able to help in any way, please complete the online Form
at <https://forms.office.com/e/j7897J0A7E>. This would be a wonderful opportunity to bring together,
and celebrate, all members of our community.***

Next week, there will be a Change 4 Life workshop for Reception parents, Year 1 visit Aston Hall Park to support their learning in school, and a local faith leader will be visiting our phase assembly. Look out for Parents' Evening letters which will be coming home with your child at the end of the week. Parents' Evenings take place on 18th and 20th March.

Kind regards

Ms Chapman

Who's who?

Meet Manor Park's Senior Leadership Team



Ms. Christine Chapman
Headteacher
DSL



Miss Becky Lewis
Deputy
Headteacher
DSL



Miss Jenny Marinho
Assistant
Headteacher
DSL



Mrs. Natalie Brindley
SENDCo



Mrs. Ruth Day
EYFS Lead



Miss Jo Green
Lead DSL

We are here to help. Email enquiry@manorparkacademy.org or call 0121 327 1023



School Uniform Policy and Expectations

Dear families,

Please can you ensure that your child has the correct uniform and P.E Kit. Children who attend Manor Park must wear uniform as shown in our school uniform policy.

Please do not send your child to school wearing branded clothing or trainers. Both shoes and trainers must be black (no coloured stripes or logos). We want to ensure equality for our children and also avoid families feeling pressured to buy branded clothing/footwear.

We also want to ensure value for money when it comes to our uniform policy. Therefore, unlike other schools, it is not compulsory for uniform to have the school logo. You are welcome to purchase clothing with our school logo by clicking here; [School Uniform – Manor Park Primary Academy](#) (manorparkacademy.co.uk) or, you can buy clothing from places like Asda or Tesco as long as they are our school colours.

Please see photo below as a reminder.

Thank you you for your co-operation,

Ms Lewis

Deputy Headteacher

All children at Manor Park need...



Manor Park Sweatshirt or Cardigan



White polo shirt



Grey trousers or skirt



Manor Park book bag or suitable school bag



Plain grey tights/socks or white socks



Plain black shoes



White Manor Park P.E t-shirt



Plain black P.E shorts, leggings or tracksuit bottoms



Plain black trainers or pumps

FAQs

Do I need to have something to donate to the Swop Shop in order to receive items?

No you do not need to make a donation in order to make requests for items. The only criteria to receive an item from us is that you need it.

I need some uniform, how do I make a request?

Just contact us through our Facebook page, email address or through your school and let us know what items you need.

I have some items to donate, how do I get them to the Swop Shop?

You can drop off any donations at one of our drop off points (see website). Alternatively ask your school if they participate and collect donations there.

If you could help us by adding to our collection sites, please get in contact - we are looking for collection points across Birmingham.

Does the Swop Shop make any money from items donated?

No - all items are free to anyone who requests them.

I work in a school that is interested in getting involved, what do we need to do next?

Simply get in contact with us and we can provide more information.

Donations of lost property really help, so if you have any let us know!

Any other questions...

Please get in contact with us and ask!

Why Swop Shop?

Uniforms can be expensive, family circumstances can change and sometimes keeping your children clean and warm can be more difficult than you had ever imagined.

The School Swop Shop is a new initiative, intended to help families, by providing free school uniforms, PE kits, shoes, forest school clothes and anything else that may be needed.

Absolutely anyone is welcome to donate pre loved clothing, or request anything they may need. Please help us to continue to help as many families as possible.

We accept donations of the following:

- ◆ Any item of school uniform
- ◆ School shoes, trainers and football boots
- ◆ Coats
- ◆ Backpacks
- ◆ Extracurricular uniform e.g. Brownies,



www.ruberyswopshop.co.uk

ruberyswopshop@outlook.com



Marvellous Me!



256 parents have now signed up to Marvellous Me! This is fantastic!

Please check your SMS messages for links to information about Marvellous Me and translated step by step letters to support you! You can also look at the Marvellous Me section on our school website.

We will be sending lots of information via the app eventually to keep you updated on your child's achievements, their individual house point score, homework and news about things that are happening in school.

Like all new things, it can take a little while for us all to get used to using it to its full potential. So, we are starting with simple updates for now, before building it up to something bigger!

It is very important that you download and join up!

Thank you,

Ms Lewis

Deputy Headteacher

Dates for your Diary



27th February - Reception Change 4 Life Workshop in the Main Hall

29th February - Year 1 Trip to Aston Hall

7th March - Coffee Morning

18th March and 20th March - Parents Evenings

Stars of Manor Park



STAR OF THE WEEK!

These children were especially chosen because they have shown our school values this week

Nursery Matida

Indigo Raqeem

Violet Ahiyan

Gold Hamza

Copper Salarr

Aqua Rubina

Turq Yousef

Cerise Sahil

Crimson Aarifah

Bronze Ayan

Ochre Muhammad

Ruby Yazan

Topaz Griselda

Teal Deako

Emerald Isac

A big well done to you all!



WORK
HARD
AND
COLLECT
House Points

*House Points are now collected using Marvellous Me. **You can see you child's individual house points by clicking on the 'thumbs up' button.** However many 'thumbs up' they've had, this is the number of house points they have received in school!*

House points collected this week!

1st Lightwood 1733

2nd Edwards 1532

3rd Berners Lee 1448

Well done Lightwood House! Again!

Child Benefit - Additional Financial Support



Families could be missing out on a minimum of £24 per week!

If a parent/carer is responsible for bringing up a child who is:

-
- under 16
 - under 20 and in approved education or training
-

They could [claim child benefit](#) (click the link!)

There's no limit to how many children a parent/carer can claim for but only one person can get Child Benefit for a child.

To find out more visit <https://www.gov.uk/child-benefit>

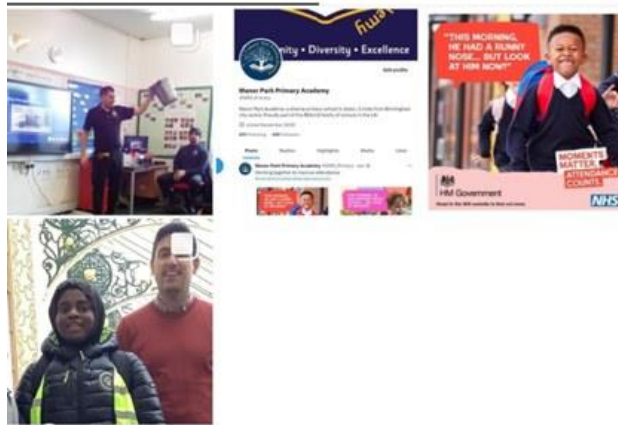
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Manor Park Primary Academy
Manor Park Primary Academy is a diverse primary school in Aston, Birmingham. We are proud to be part of the REAch2 fami... more
manorparkacademy.org

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Safeguarding and Wellbeing Update - Supporting your child with Emotional Regulation

10 Top Tips on Supporting Children with SELF-REGULATION

Children need to learn to understand and recognise their emotions, while finding healthy ways to process them. Emotional self-regulation, however, depends heavily on age and development. While very young ones or children with special educational needs and disabilities (SEND) may find it particularly challenging to self-regulate, nurturing these important skills can be hugely beneficial. Here are ten top tips for supporting children with their self-regulation.

- 1. DESIGNATE A TRUSTED ADULT**
It's vital that children feel safe and know that there's someone they can always go to for help if they need it. Schedule consistent times for the child to develop a relationship with this person – ideally through play and games – allowing trust to grow and ensuring that the child is more likely to come forward if anything is wrong, rather than hiding their emotions.
- 2. MEET CHILDREN HALFWAY**
Unless you know where a child is developmentally and tailor your approach to their needs, you're less likely to have an impact. In particular, younger ones and children with SEND can struggle to self-regulate and instead rely on others to help them. We call this 'co-regulation'. Rather than offering strategies for self-regulation, it could be better to start co-regulating with a trusted adult first.
- 3. FACTOR IN THEIR BASIC NEEDS**
Remember that for a child to develop emotional regulation skills, their basic needs must be met first. Children who are hungry, tired, cold and so on – as well as those who have experienced adverse childhood experiences – may struggle to self-regulate. Before you develop strategies with any child, make sure they feel safe, secure and comfortable in themselves.
- 4. REMAIN PATIENT**
If a child is struggling with their emotions, it can often become difficult to stay calm. Remember that dysregulation is beyond their control, so a display of frustration or anger could negatively impact the situation. Instead, children need to be met with comfort and understanding to help them manage these problematic feelings.
- 5. BE A DYSREGULATION DETECTIVE**
While some children can tell you why they become dysregulated, many others can't. You could investigate potential triggers by observing the child and talking to their family. When the child becomes dysregulated, note down details like the time, what they're doing and who they're with – the trigger may be someone they sit near, an unmet sensory need or something else entirely. Once we identify some triggers, we can help to avoid or overcome them.
- 6. USE SUITABLE LITERATURE**
There are some wonderful books that can help you teach self-regulation to children. Reading these with a child can be especially powerful. Take time to discuss the content: ask questions about what feelings the characters had, why they felt that way and what strategies helped them. It can also be useful to refer back to snippets of these books at appropriate moments.
- 7. TRY SENSORY RESOURCES**
An overlap between sensory needs and emotional regulation is possible. Children may struggle to self-regulate if they're experiencing sensory overload (a noisy classroom, for example). Positive sensory input can help calm them down. Use resources such as weighted blankets and fibre-optic lights. Of course, what works for one child might not work for another – so it's important to offer a choice of resources to discover which they prefer.
- 8. NURTURE INDEPENDENCE**
If you feel it's appropriate, let children try out these strategies alone. Always offer them a choice: they could listen to music when they're feeling stressed, for example, or they could write down their worries or draw something to represent how they feel. This may take time for the child to get used to, so be patient. Encourage them to share any helpful strategies with a trusted adult.
- 9. MODEL GENUINE FEELINGS**
Children learn a lot just from watching grown-ups. Don't be afraid to show your own emotions and self-regulation strategies. While you'll obviously want to avoid sharing anything too personal with children, they should still see us experiencing and handling our own feelings. Tell them how you are feeling, then show them how to respond in a healthy manner.
- 10. FORMULATE A PLAN**
As much as we try to prevent children from experiencing dysregulation, it's always wise to have an appropriate plan for when it does happen. Discuss this strategy with the child (if appropriate) and their family. The best approach for an individual child is often a bespoke one; it's hugely important to know in advance what might help and what could worsen the situation.

Meet Our Expert
Georgina Durrant is an author, former teacher, Special Educational Needs Coordinator and the founder of the award-winning SEN Resources Blog, where she shares activities, advice and recommendations for parents and teachers of children with SEND.

#WakeUpWednesday
The National College

Attendance Procedures and Autumn and Winter Illness



As we approach Autumn and the weather changes, illnesses such as colds and flu come become more common.

We can often feel worse in the morning and if your child is feeling unwell but can come into school, please make sure that they do.

*Please call 0121 327 1023 or email enquiry@manorparkacademy.org to inform us if this is the case and we can monitor them throughout the day; **we will always contact you if your child is too unwell to continue at school.***

We find that this approach often reduces the amount of time lost to avoidable absence (and children usually feel much better as the day goes on!)

Thank you for your support



**At Manor Park Primary
Academy everyone
has the right to feel safe.**

**At Manor Park Primary
Academy everyone
has the right to learn.**