



# Summer Holiday Information 2023

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*Dear Families,*

*This is a special newsletter packed full of information for you to get the very best out of your summer with your wonderful children!*

*Please do email us any amazing photos of things you get up and if you have any recommendations for other families too!*

*Have a fantastic summer and we look forward to seeing you on 6th September,*

*Best wishes!*

*Ms Lewis*

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Kids Eat Free! Click on the link below to find out more!

## How to feed your Child 3 Meals Per Day for £1.60 during the Summer Holidays (without having to cook)



### Breakfast

Get 2 Toasted Crumpets with Jam & Butter FREE at Morrisons Cafes until August 16th when you 'Ask for Ellen'

**(Not Just Kids)**



### Lunch

Kids eat at Asda Cafes for £1 with NO adult spend required until 4th September

**(Unlimited Kids)**



### Dinner

Get a Free Childs meal when you spend just 60p at Tesco Cafes until September 1st 2023

**(Excludes Weekends)**

[Moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

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Full list of places can be found here [Places Kids Eat Free in School Holidays & Half Terms 2023](https://moneysavingcentral.co.uk/places-kids-eat-free-in-school-holidays-half-terms-2023)  
([moneysavingcentral.co.uk](https://moneysavingcentral.co.uk))

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## Free Family Events at Aston Villa!



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**Community Games:** We are hosting a large community games event on Saturday **12th of August** at **Aston Hall** with hopefully 100 attendees. This includes young people who we are encouraging to attend as it is something positive to do during the summer holidays, community groups and like-minded organizations. There will be lots to do for families including inflatables, smoothie bike, workshops, football, games and snacks etc.

**Park Run:** We have partnered with Park Run UK to launch a project at Aston Hall facilitated by Aston Villa Foundation. This is a running/ walking group which we are encouraging local people of all ages to get involved with. Our inaugural event will launch in early September with over 200 expected attendees and volunteers at Aston Hall, with a test event happening in August. Please let us know if you would be interested attending or volunteering and we will confirm the test date with you soon. [home](#) | [parkrun UK](#)

*Summer Food Drive: We have also organized a food drive in partnership with **Islamic Relief**. After the success of our winter drive in January of feeding 1000 households in Birmingham, we decided to do it again on 22nd of August and 23rd of August where we will be packing and distributing food parcels to local communities so please do come to **Villa Park, Trinity road entrance** if you feel you would benefit from food parcels, on **Wednesday 23rd of August**.*

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## **Birmingham Festival 2023!**



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*Click here for more information about the Birmingham Festival 2023*  
<https://www.birminghamfestival23.co.uk/>

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*[Click here for more Free things to do in Birmingham 2023 - Picnic Blog](#)*

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Family Baking ideas for under 50p per person!



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*[Click here for 20 easy bakes for under 50p | Asda Good Living](#)*

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The digital world is changing quickly! Find out how to keep your child safe online

**Do you know  
what your  
children are  
doing online  
this summer?**





# School's out for summer!

## It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Live Streaming



A Parent's Guide to Online Grooming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

**Parents** please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

**Schools** please [contact us](#) if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

### Skips Educational

Web: [www.skipssafetynet.org](http://www.skipssafetynet.org)  
Email: [info@skips.com](mailto:info@skips.com)  
Tel: +44 121 227 1941

142 Newton Road  
Great Barr  
Birmingham B43 6BT

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Developed in partnership with





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Find out more here: [Safeguarding Children - Get Safe Online](#)

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**At Manor Park Primary  
Academy everyone  
has the right to feel safe.**

**At Manor Park Primary  
Academy everyone  
has the right to learn.**